Yoga & Trekking Escape

Join us on a Journey in nature in Arkadia Mountain. Three days full of tranquility and relaxing moments create the ideal escape to restore our balance at Abelonia Retreat, built on the mountainside with a view out to the hilly landscape of Arcadia. Yoga & Trekking Escape includes accommodation, Breakfast & Dinner meals, Yoga Sessions, Trekking experience and visit to the Apollo Epicurius Temple.

13 - 15 March
3 days/2 nights

Ideal for :

Couples
Singles

Rates

EARLY BIRD RATES

Single Room. 370 euro
Double Room 295 euro
Triple Room 275 euro

What's included

3 days - 2 nights / 13 - 15 March
Location: Arcadia
2 Nights Accommodation in Abelonia Retreat
3 Yoga Sessions with Afrodite Patrikiou
Trekking Experience - "Trail of Healing"
Apollo Epicurious Temple visit & mindfulness experience
2 Breakfast Meals
2 Dinner Meals

Optional (extra cost)

A la Carte menu
Neda Springs

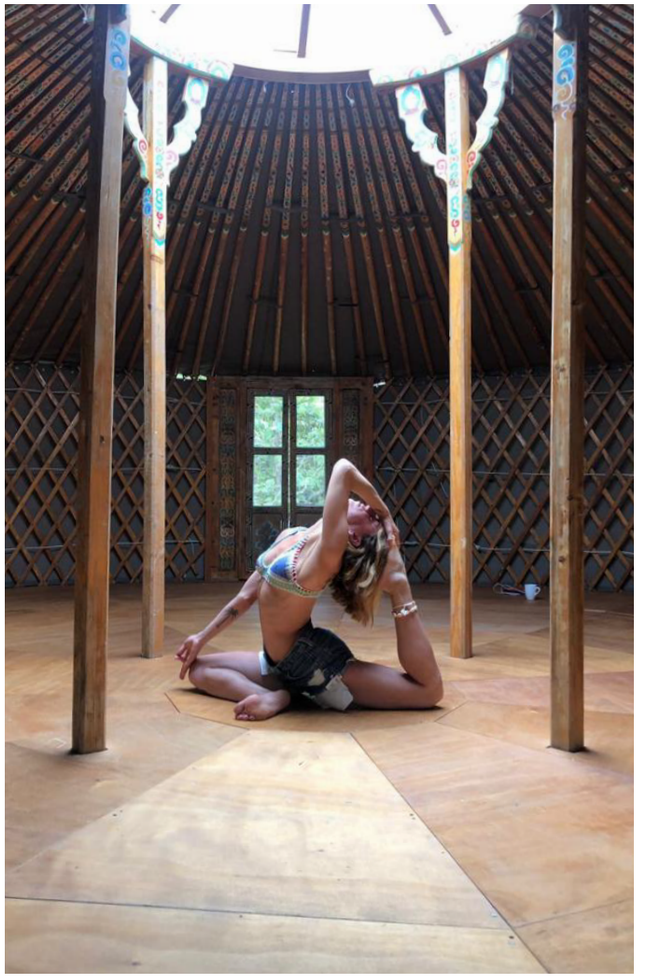
Location

Abelonia Retreat
Arkadia

Wellness Specialists

Afrodite Patrikiou

Photos



PREMIUM WELLNESS
CONCEPTS | EXPERIENCES | RETREATS





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